



Wyoming Healthfair Benefits for EqualityCare Clients



Client Bulletin

07-001



- Taking an active part in managing your health can result in a long fulfilling life. It is important that you participate in your health and healthcare.
- **For those 18 and older**, you may attend any of the scheduled Wyoming Health Fairs blood draws in your community at no cost to you (If you are currently a client on EqualityCare).
- Please check the attached calendar for upcoming dates and take advantage of this service. You are in charge of your health!
- You do not need an appointment. Just arrive at the designated time.
- The Chemistry Panel screening requires you to not eat for 12 hours before the test unless you are diabetic.

- Drink water before your draw; black coffee and tea are OK. Take prescribed medications as usual.
- The results of the tests are mailed directly to you and you will receive 2 copies. Take a copy to your physician so he or she can go over the results with you.



The following tests will be available:

- ⊕ **Blood Chemistry Profile** - Full Chemistry Panel that screens for cholesterol, coronary risk, kidney, liver, bone and muscle functions. It also includes TSH screening that detects hypo- and hyperthyroid conditions. Recommended to be done once a year for everyone. **This test requires you not to eat for 12 hours, unless diabetic. Drink water & take medications as usual.**
- ⊕ **Hemogram** - This test evaluates the number and health of the red blood cells, white blood cells and platelets. It screens for anemia, leukemia, polycythemia and other inherited disorders that affect the cells in your blood. Recommended to be done once a year for everyone.
- ⊕ **PSA for Men** - This test is designed to screen for Prostate cancer and is recommended for men over 50 years of age, If your family has a history of Prostate cancer, it is recommended at 40. Please note that results may be high or low due to other factors. All men with abnormal PSA results are encouraged to have an additional evaluation by their physician.
- ⊕ **Hemoglobin A_{1c}** - Measures blood sugar control for up to 3 months before the test. This test is recommended twice a year for diabetics.





2007 Blood Screening Locations & Dates

Town	Date	Location	Time
Afton	May 14-16	Afton High School Annex	7am - 10am
Alpine	May 12	Alpine Fire Station	6am - 10am
Basin	Mar. 24	Big Horn Clinic	8am - 10am
	Mar. 26-31	Big Horn Clinic	8am - 10am
Bridger Valley	April 12	Mt. View Senior Center	6am - 10am
	April 13	Lyman Public Health	6am - 10am
	April 14	Lyman Public Health	7am - 10am
Buffalo	Feb. 12-16	Catholic Fellowship Hall	7am - 10am
Burns	Mar. 13	Burns High School	7am - 9am
Casper	Every Thursday	WHF Home Office—115 S. Elm	7am - 11am
	Mar. 5-10	Blue Envelope—115 S. Elm	6am - 10am
	Mar. 12-17	Blue Envelope—115 S. Elm	6am - 10am
Carpenter	Feb. 21	Carpenter Elementary School	7am - 9am
Centennial	Feb. 24	Centennial Valley Community Church	7am - 10am
Cheyenne	1st Tuesday Each Month	City/County Health Department	7am - 10am
	3rd Thursday Each Month	YMCA	7am - 10am
	April 23-28	TBA	7am - 10am
	April 30—May 5	TBA	7am - 10am
Cody	2nd Wednesday Each Month	Cody Recreation Center	7am - 10am
Encampment	April 20 & 21	Sagebrush Senior Center	7am - 10am
Glenrock	April 13 & 14	Glenrock Senior Center	7am - 10am
Greybull	April 19-20	Midway Clinic	6am - 8am
	April 21	Midway Clinic	6am - 9m
	April 23 & 24	Midway Clinic	6am - 8am
Kaycee	Feb. 21 & 22	Kaycee Clinic	7:30am - 9:30am
Laramie	2nd Wednesday Each Month	Laramie Rec. Center	7am - 10am
	4th Wednesday Each Month	Laramie Rec. Center	7am - 10am
Midwest	Feb. 9	Salt Creek Wellness Clinic	8am - 10am
	June 1	Salt Creek Wellness Clinic	8am - 10am



2007 Blood Screening Locations & Dates

Town	Date	Location	Time
Newcastle	Jan. 20	Senior Center Gym	6:30am - 10:30am
Powell	Mar. 10	Powell Valley Healthcare Cafeteria	6:30am - 10:30am
	Mar. 12-17	Powell Valley Healthcare Cafeteria	6:30am - 10:30am
Saratoga	April 17-19	Senior Center	6am - 10am
Ten Sleep	Mar. 8	Ten Sleep Senior Center	6:30am - 9:30am
Thayne	May 17-19	Thayne City Hall	6am - 10am
Thermopolis	Mar. 11	Hot Springs County Hospital	7am - 11am
	Mar. 24	Hot Springs County Hospital	7am - 11am
	Mar. 26-31	Hot Springs County Hospital	7am - 10am
Worland	Mar. 3, 10 & 17	Washakie Medical Center	7:30am - 10am
	Mar. 6	Worland Senior Center	6am - 10am



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We're on the Web!

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*For additional information contact Wyoming Health Fairs
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