

IT'S HERE!

A PUBLICATION OF THE WYOMING DEPARTMENT OF HEALTH, AGING DIVISION

HICBS NEWS

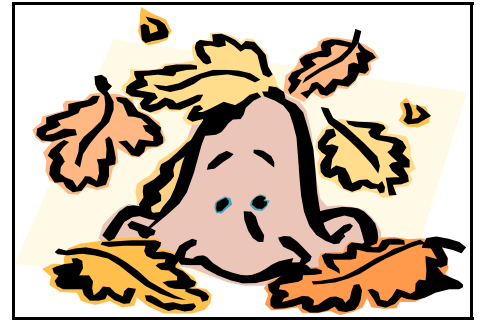
The long-awaited HIPAA billing conversion is in process. The new waiver codes and unit sizes are required on all new and renewal Plans of Care dated October 1, 2003 and after as well as any amendment from now on. Those Plans of Care that are in place in the system and include October have been converted by ACS so amendments on them won't be necessary.

New Plans of Care are being mailed to all of the Case Management agencies. We ask that you destroy all of the Plan of Care forms that contain the old codes and only use the new ones.

Please remember the unit size for Personal Care Attendant, Respite Care and Adult Day care

is now 15 minutes and the reimbursement rate for those services is 1/4 of the previous hourly rate. The Skilled Nursing unit is now 1 hour and the rate is \$30.00 per unit. &

If you are billing electronically, be sure you have enrolled with EDI.



It seems like all of us are inundated with huge changes coming on October 1. Those of you that are involved in several other programs besides waiver may be facing changes that make HIPAA look small in comparison.

HIPAA conversions need to become a priority for all of us. The old waiver codes have already been converted so we can no longer accept any Plan of Care with the old

codes and unit sizes so many of you are having your Plans of Care returned for the new codes. We understand your frustration. Just remember, the good news is all of the current Plans have been converted within the system. The other piece of good news is that we are doing this in October and not December!

Keep your sense of humor! We are trying to keep ours. &

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DRUG-SPICE INTERACTIONS

Spices are perfectly safe when used in moderation. However, when used in large amounts, some spices may interact with prescription medications.

White/Black Pepper

Phenytoin (Dilantin)
Propranolol (Inderal)
Theophylline (Theo-Dur, Slo-bid, Theo-24, Uniphyll)

Garlic

Warfarin (Coumadin)
Clopidogrel (Plavix)
Enoxaparin (Lovenox)
Aspirin

Fennel

Ciprofloxacin (Cipro)

Salt Substitute

Captopril (Capoten)
Lisinopril (Prinivil, Zestril)
Benazepril (Lotensin)
Enalapril (Vasotec)
Fosinopril (Monopril)
Moexipril (Univasc)
Quinapril (Accupril)
Ramipril (Altace)
Trandolapril (Mavik)
Amiloride (Midamor)
Spironolactone (Aldactone)
Triamterene (Dyrenium)
Triamterene/HCTZ (Maxzide, Dyazide)



The spices below have no known drug interactions

Basil
Coriander
Rosemary
Marjoram
Oregano
Thyme
Parsley
Caraway Seed
Cinnamon



For more information on Drug-Spice interactions or to find out about interactions with your prescription medications, call your local pharmacist.

¹Jellin JM, Gregory P, Batz F, Hitchens K, et al. *Pharmacist's Letter/Prescriber's Letter Natural Medicines Comprehensive Database*. 3rd ed. Stockton, CA: Therapeutic Research Facility; 2000.

Achieve A to Z

*A*void negative sources, people, things and habits.

*B*elieve in yourself.

*C*onsider things from every angle.

*D*on't give up and don't give in.

*E*njoy life today, yesterday is gone and tomorrow may never come.

*F*amily and friends are hidden treasures. Seek them and enjoy their riches.

*G*ive more than you planned to give.

*H*ang on to your dreams.

*I*gnore those who try to discourage you.

*J*ust do it!

*K*eep on trying, no matter how hard it seems. It will get better.

*L*ove yourself first and foremost.

*M*ake it happen.

*N*ever lie, cheat or steal. Always strike a fair deal.

*O*pen your eyes and see things as they really are.

*P*ractice makes perfect.

*Q*uitters never win and winners never quit.

*R*ead, study and learn about everything important in life.

*S*top procrastination.

*T*ake control of your own destiny.

*U*nderstand yourself in order to understand others.

*V*isualize it.

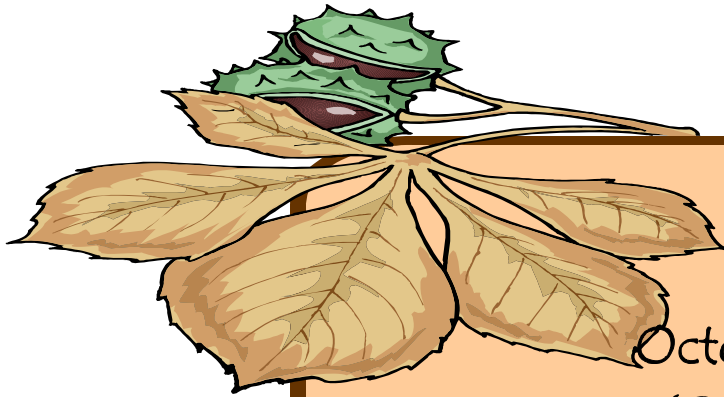
*W*ant it more than anything.

*X*celerate your efforts.

*Y*ou are unique, nothing can replace you.

*Z*ero in on your target, and go for it!

—Author unknown



Case Manager Training

October 8, 2003

10 AM - 3 PM

at

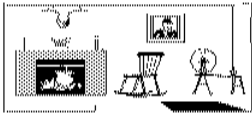
The Moorcroft Senior Center

112 North Big Horn

Moorcroft, WY

(Please call 777.7861 to register)

HOME SWEET HOME



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HEALTH, AGING DIVISION**

6101 Yellowstone Road,
Suite 259B
Cheyenne, WY 82002

Editorial Staff:

Editor and Publisher: Vereen Bebo
Editorial Assistant: Colleen Noon

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